

Chapter-(1): Happy As I Am

Exercises

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Let us think and answer

Q1. Why do you think the people in Wayne's family got in each other's way?

Ans. Wayne's family got in each other's way because all the eight family members lived in a one-room house. Therefore, they did not have enough space for themselves.

Q2. What did the friend want Wayne to do?

Ans. The friend wanted Wayne to bring his animals from the shed into the house.

Q3. What happened when Wayne followed his friend's advice?

Ans. When Wayne followed his friend's advice, the house became even more cramped, messy and crowded.

Q4. How did the house seem to Wayne after the animals sent out?

Ans. After the animals sent out, Wayne felt that the house was big enough for him and his family to live in comfortably.

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Let us talk about these.

Q1. When do you feel really happy and contented?

Ans. When I get new clothes, toys, books, and a bigger room, when there is a nice party for my birthday, when I get a prize, etc.

Q2. Name two things that money cannot buy that makes you happy.

Ans. My parent's love, my grandmother's hug, my pet dog running up to me when I get back from school, an interesting story book etc.

Q3. What feelings come into your heart when you are discontented?

Ans. Sadness, disappointment, anger, feeling of unfairness etc.

Q4. Why is it bad habit to feel discontented?

Ans. Feeling discontented is a bad habit because it does not allow one to be happy and satisfied.

Q5. What can you do to change this habit?

Ans. To change this habit, I need to count all the good things I have that make me happy. When I feel discontented, I should ask myself if I really need it and why do I need it. I

have to remember what u have and be happy for those things as often as possible. Then contentment will become a habit.

